



## Junior Sideline Information 2025-2026 - Grades 7<sup>th</sup> & 8<sup>th</sup>

### Important Dates:

- Online Registration runs Monday, April 14<sup>th</sup> to Monday, May 12<sup>th</sup> – link at [www.lakeridgecheer.com](http://www.lakeridgecheer.com)
- Parent Meeting – Wednesday, May 7<sup>th</sup> – 6:00pm – Lakeridge Cafeteria
- Uniform Fitting – Monday, May 19<sup>th</sup> – 6:00-7:00pm – Lakeridge Cheer Gym
- First Summer Practice – Tuesday, June 17<sup>th</sup> – 8:00-10:00am – Lakeridge Track
- **NEW THIS YEAR** – NCA Home Camp – Friday, August 15<sup>th</sup> to Sunday, August 17<sup>th</sup> – Lakeridge Cheer Gym
- First Official Practice – Monday, August 18<sup>th</sup> – 5:30-7:30pm – Lakeridge Track

### Team Info:

- NO-CUT cheer teams that focus solely on teaching the FUNDAMENTALS of cheer skills & techniques.
- Junior Sideline Team will cheer at Lakeridge Youth Football games in the fall season.
- Junior Sideline Team includes 7<sup>th</sup>-8<sup>th</sup> graders from Lakeridge Middle School & Park Academy.
- Sideline Season runs from June 17<sup>th</sup> to October 25<sup>th</sup>.
- Summer Practices & Tumbling are only required if you are in town. There are no consequences for summer vacations.
- NCA Camp is required for those who have not already made summer vacation plans for 8/15-8/17.

### Cost:

- Registration fee is \$400 which includes coaching fees and Community School fees.
- NCA Camp fee is \$119 and includes instructor fee to NCA.
- Additional payments of \$100-\$150 and includes practice gear, poms, and bow.
- **NEW THIS YEAR** – We are starting a uniform bank where all uniforms will be loaned out to athletes, rather than costing additional money to families!

### Brief Calendar Info:

- Summer (June – August)
  - Conditioning & Tumbling : June 17<sup>th</sup> – August 14<sup>th</sup> – 8:00-10:00am – Lakeridge Track
  - Sideline Camp: Aug 18<sup>th</sup> – Aug 28<sup>th</sup> – 5:30-7:30pm – Lakeridge Track
- Fall (September & October)
  - September Practice: Mondays & Wednesdays – 5:30-7:30pm – Lakeridge Cafeteria
  - October Practice: Mondays – 5:30-7:30pm – Lakeridge Cafeteria
  - LYF Football Games: Saturdays – Times TBA

### Online:

- Website: [www.lakeridgecheer.com](http://www.lakeridgecheer.com)
- Socials: @lakeridgecheer

### Coaching Staff:

- Head Junior Sideline Coach                      Ella Guffee                      email: [lakeridgereccheer@gmail.com](mailto:lakeridgereccheer@gmail.com)